



MARCH 2015

A tough few weeks...

Losing your pool for any period of time is always a nightmare and when your hire one facility 7 days a week, it causes an enormous headache when it is closed for a few weeks. A

huge thank you to all of you that have driven the extra miles and changed your normal routines in order to continue training over the past three weeks. Thankfully, we were able to maintain the same numbers of sessions per week/hours during the period despite the zero notice of the pool closure. Thanks must go to Willenhall E-Act Academy, West Walsall E-Act Academy, Tipton Leisure Centre, Colton Hills School and Coventry Sports Centre that helped us out during this difficult period. We must never forget how fortunate we are to have such a good contract with the Bert Williams facility and losing the facility for 3 weeks only serves to make us appreciate it more. In the next twelve months, the current contract will have to be re-negotiated and I will be asking committee to work hard to ensure the very best deal for the club.

Dorothy Anslow's Bilston SC treasures

We are currently sorting through Dorothy's collection of old Bilston memorabilia, much of it dating back to the 1970s. Amongst all of this are dozens of old photographs including information on Ian Collins, a former Bilston swimmer who went to the 1984 Olympics. We will try and share some of these photos with club members shortly

Additional land training

The club is currently looking into the possibility of running more land training sessions over the coming months. The key focus of one of these sessions will be to try and improve the flexibility of our swimmers and teach them exercises that they will be able to carry out at home as well as at the club. More details about these sessions will follow shortly.

Parents meeting postponed

Please note that the parents meeting scheduled for Friday 27th March will now take place on Friday 17th April.

Congratulations to Kim Dean

The club would like to congratulate Kim Dean who recently passed her level teaching course and will soon embark upon her level one coaching. Kim coaches our swimmers on a voluntary basis several times per week.